Health and Wellness:

- REC 113  Tennis and Volleyball
- REC 114  Weight Training, Jogging and Circuit Training
- REC 116  Archery, Badminton, and Basketball
- REC 118  Tennis and Basketball
- REC 119  Archery and Volleyball
- REC 120  Golf and Volleyball
- REC 121  Dance, Modern, Folk, Square and Afro-American
- REC 123  Football, Track and Wrestling
- REC 125  Field Hockey and Basketball
- REC 127  Volleyball and Basketball
- REC 128  Softball, Track and Wrestling
- REC 130  Softball and Basketball
- REC 132  Tennis
- REC 133  Tennis and Basketball
- REC 136  Football and Volleyball
- REC 137  Soccer and Volleyball
- REC 213  Beginning Swimming
- REC 214  Immediate Swimming
- REC 215  Advanced Swimming
- REC 216  Advanced Beginner’s Swimming